### Available Programs with Facility Membership

Class	Price	Days/Times	
Personal Training w/T	\$45 per hour 1 \$60 per hour 2	Per appointment	
Outdoor Dance Aerobics	No Cost	M - F 9 - 10 a.m.	
Strength & Toning	\$45 per Month \$10 drop-in	M 8-9 a.m. Sat 9:15-10:15 a.m.	
Hands on Clay (ages 6 - 13) Mommy & Me Clay (ages 3-5)	\$40 per month	M 10:30-11:30 a.m. TH 3:30-4 p.m. Th 5 - 6 p.m.	
Zumba	\$40/Month \$10 drop-in	M-TH 6:30-7:30 p.m.	
Tumbling w/Telly	\$40 1 x wk \$50 3 x wk		
Little Martial Arts (3-6) Intermediate/Advanced Marial Arts	\$55/8 classes \$65/8 classes	T/W 4:14 -5p.m. T/W 5- 6 & 6-7 p.m.	
Youth Art	\$60/Month \$20 drop-in	T 4:30-5:30 p.m.	
BellyGlo	Tuesday No Cost Sat \$40	Tues 6-7p.m. Sat 5/18/24 11-2p.m.	
Champions in Motion	\$24 per month	W or Th 6:15-7p.m. (lvl 1) 7-7:45p.m.(lvl 2) 7:45-8:30p.m.(lvl 3)	
Karate-Do-Shotokan Ages 4+	\$70 per month	Th 4:30-8:30p.m.  per month FR 4:30-6:30p.m.  Sat 9 –noon	
We Are Rubies Ages 8-13 girls	No Cost	Friday 4-6p.m.	
Football Fundamentals	No Cost Sat 9 .m noon		
Photography Club 18+	No Cost 3rd Sat 1-4p.m.		
Lehigh Acres Garden Club	No Cost	o Cost 3rd Sat 10-11a.m.	

#### Open Recreation Schedule

Sunday:

Pickleball: 9 a.m.-Noon (R) Volleyball (13+): 9 a.m.- Noon (S) Open Gym: 12:15 -4:45 p.m. (R) Open Gym: 12:15-3:30 p.m. (S)

Monday:

Open Gym: 7a.m.-1:30 p.m. (R) Adult Basketball: 6–8:45 p.m. (S) Teen Basketball: 6–8:45 p.m. (R)

Tuesday:

Pickleball: 7:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (S)

Wednesday:

Open Gym: 7a.m.-1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R) Pickleball: 6-8:45 p.m. (S)

Thursday:

Pickleball: 7:30 a.m.-1:30 p.m. (R) Volleyball (13+): 6-8:45 p.m. (S)

Friday:

Open Gym: 7a.m. -1:30 p.m. (R) Open Gym: 6-6:45 p.m. (R/S)

Saturday:

Pickleball: 9 a.m.-Noon (R)
\*\*Family Open Gym: 9 a.m.-Noon (S)
Open Gym: 12:15-4:45 p.m. (S)

\*\*Adult with children under 13

Schedule is subject to change without notice.

Open Gym Activities are for ages 13+

Teen Gym Activities are for ages 13 to 17

(R) = Recreation Center Gymnasium

(S) = School Gymnasium

# Veterans Park Recreation Center MAY 2024

#### **Hours of Operations:**

Monday-Thursday 7 a.m.-9 p.m.

Friday 7 a.m.-7 p.m.

Saturday & Sunday 9 a.m.-5 p.m.

Weight & Locker Room open during business hoursclosing 15 minutes prior to building closure

#### Memberships:

#### **Lifetime Facility Membership:**

This membership entitles the individual to general use of the facility including: gymnasium activities, locker rooms, and game room.

\$10 Individual | \$25 Family

#### **Weight Room Membership:**

\$20 - 1 month, \$80 - 6 months,

\$120 - 1 year

Children ages 14 & 15 years old must be accompanied by an adult 18 years or older. Children 13 and under are not permitted in the weight room.



Scan our QR Code with your mobile device to be brought to our webpage.



Veterans Park Recreation Center 55 Homestead Road South Lehigh Acres. FL 33936 (239)533-7530 | leeparks.org



## MAY 2024



#### Announcements:

- Summer Camp registration is filling up!
  6/10/24-8/2//24,
  7:30 a.m. 6 p.m.
  \$75 per week, per child.
- Champions in Motion is offering two sessions in May. The first session will take place from May 1st to May 9th, and the second session will only be held on Thursdays from May 16th to May 30th.
- Discover the wonders of the night sky like never before with our "Stargazing with Telescope" event at the Central Lawn near the Tennis Court! Join us every Saturday from 8pm to 10pm and get ready to be amazed by the beauty of the stars above. Don't miss out on this unforgettable experience!

#### Reminders:

- Yard Sale will be on
- Saturday, May 11,2024, from 8-1 p.m. Registration can be done on-line or in person at the Rec Center.
- Gymnasium closed 4,5,11,12,18,19, 20, 21, 22, 23, 24, 25,26 and 31st for tournaments.
- Calendar/schedule is subject to change without notice!

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Outdoor Dance Aerobics Tumbling with Telly Martial Arts Champions in Motion Zumba	2 Outdoor Dance Aerobics Tumbling with Telly Mommy & Me Clay Hands on Clay Karate-Do Champions in Motion Zumba	3 Outdoor Dance Aerobics We are Rubies Karate-Do	4 GYMNASIUM CLOSED Strength & Toning Football Fundamentals Karate-Do Stargazing with Telescope
5 GYMNASI CLOSED	Outdoor Dance Aerobics Hands on Clay Zumba	7 Outdoor Dance Aerobics Tumbling w/Telly Youth Art Martial Arts BellyGlo Zumba	8 Outdoor Dance Aerobics Tumbling w/Telly Martial Arts Champions in Motion Zumba	9 Outdoor Dance Aerobics Tumbling w/Telly Mommy & Me Clay Hands on Clay Karate-Do Champions in Motion Zumba	10 Outdoor Dance Aerobics We are Rubies Karate-Do	11 Yard Sale GYMNASIUM CLOSEI Strength & Toning Football Fundamentals Karate-Do Stargazing with Telescope
12 GYMNASI CLOSED	Strength & Toning Outdoor Dance Aerobics Hands on Clay Zumba	14 Outdoor Dance Aerobics Tumbling w/Telly Youth Art Martial Arts BellyGlo Zumba	15 Outdoor Dance Aerobics Tumbling w/Telly Martial Arts Champions in Motion Zumba	16 Outdoor Dance Aerobics Tumbling w/Telly Karate-Do Champions in Motion Zumba	17 Outdoor Dance Aerobics We are Rubies Karate-Do	18 GYMNASIUM CLOSEI Strength & Toning Football Fundamentals Karate-Do BellyGlo Photography + Club L.A. Garden Club Stargazing with Telescope
19 GYMNASI CLOSED	20 GYMNASIUM CLOSED Strength and Toning Outdoor Dance Aerobics Hands on Clay Zumba	21 GYMNASIUM CLOSED Outdoor Dance Aerobics Tumbling w/Telly Youth Art Martial Arts BellyGlo Zumba	22 GYMNASIUM CLOSED Outdoor Dance Aerobics Tumbling w/Telly Champions in Motion Martial Arts Zumba	23 GYMNASIUM CLOSED Outdoor Dance Aerobics Tumbling w/Telly Mommy & Me Clay Hands on Clay Karate-Do Champions in Motion Zumba	24 GYMNASIUM CLOSED Outdoor Dance Aerobics We are Rubies Karate-Do	25 GYMNASIUM CLOSED Strength & Toning Football Fundamentals Karate-Do Stargazing with Telescope
26 GYMNASI CLOSED	27 Facility Closed Memorial Day	28 Outdoor Dance Aerobics Tumbling w/Telly Youth Art Martial Arts BellyGlo Zumba	29 Outdoor Dance Aerobics Tumbling w/Telly BellyGlo Champions in Motion Martial Arts Zumba	30 Outdoor Dance Aerobics Tumbling w/Telly Mommy & Me Clay Hands on Clay Karate-Do Champions in Motion Zumba	31 GYMNASIUM CLOSED Outdoor Dance Aerobics We are Rubies Karate-Do	